

Overview in numbers

- **43** active volunteers working at the food bank
- Volunteers will give around **10,141** hours to the food bank
- **878** visitors supported
- **7** members in the Core Management Team

Stakeholder Engagement

Volunteers

- **10** in-person interviews
- **20** survey responses

Visitors

- **3** in-person interviews
- **1** phone interview
- **29** survey responses

Core Management Team

- **5** in-person meetings with the team
- **4** meetings online
- **1** survey response

Volunteers

85% of volunteers feel more empowered in the decision process

90% of volunteers feel a sense of belonging within Arfon Food Bank

95% of volunteers proud and have a sense of achievement being able to give back to the community

Visitors

69% of visitors feel they have more financial independence and outlook after receiving support

69% of visitors experience positive change in their mental well-being due to support offered at Arfon Food Bank

78% of visitors experience positive change in their physical health

Core Management Team

100% of the core management team members feel less stressed due to having the volunteer coordinator being a part of the team

100% of the core management team feel they now have improved capacity due to having the volunteer coordinator being a part of the team

The Well-being Future Generation (Wales) goals

A Wales of Cohesive Communities

The outcomes identified for the volunteers all centre around an improvement within the local community and how the work of the volunteers of the food bank benefits the people of the local community.



A Healthier Wales

The outcomes identified for the visitors all centre around their mental and physical well-being and how the food bank service is integral to those outcomes.



Forecast Social
Return On
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