

ydrefwerdd



Overview

- 514 Individuals supported through the Drop-in Centre
- **3,169** of cases supported in the Drop-In Centre
- **2,582** Cases of referrals to other services
 - 220 Individuals have attended Repair Cafe Ffiws

- **96** Individuals who have received support through HWB
- 22 Children took part in the summer activities with HWB
- 2,825 Volunteering hours at Ffiws
 - 738 Fewer statutory appointments



Outcomes for the Beneficiaries of the Drop-in Centre and Ffiws 514 people have received support from the Drop-in Center in 2023.

 Improve mental well-being

69% of the center's beneficiaries feel that their mental health has improved

- Reduce loneliness / feeling
 - o**isolated**enter's beneficiaries feel less lonely and isolated since attending the centre
- Better financial independence

59% of the center's beneficiaries feel better financial independence after receiving support from the drop-in centre

Outcomes for the HWB Beneficiaries

96 people have received support from the HWB in 2023.

- Improved self-esteem
 - 94% of the HWB beneficiaries reported an improvement in their self-esteem
- · Reduce loneliness / feeling isolated

100% of the HWB beneficiaries feel less lonely and isolated after receiving support Improve physical health

83% of the HWB beneficiaries feel improved physical health after receiving support

· Reduce stress, depression, anxiety

88% of the HWB beneficiaries feel less stressed, depressed and anxious after receiving support



Outcomes for HWB Beneficiaries (children)

22 children received support from the HWB in 2023.

- Get a chance to sociaise and make new friends
 - 75% of the children feel that they have had a better opportunity to socialize and make new friends
- Feeling better and happy following the sessions
 - 100% of the children feel better and happy after taking part in activities
- Learned new skills about the outdoors and feel safer being outdoors

100% of the children feel they have learned skills and feel safer outdoors