



CO & N T E L L
G W Y N E D D

Yn cefnogi grwpiau gwirfoddol a chymunedol
Supporting voluntary and community groups

NEWSLETTER SUMMER 2009



HEALTH, SOCIAL CARE & WELL BEING

Welcome to the Health, Social Care and Well-Being Summer Newsletter for the voluntary sector.
The purpose of this Newsletter is to share information on health, social care and well-being issues.

For any comments on its contents please contact

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NEWS:

NHS Reforms - Betsi Cadwaladr University Local Health Board

The new Health Board for North Wales will be fully operational from October 1st 2009. This new organisation will provide services to around 675,000 individuals with a budget in the region of £1.1 billion. Some officers have already been appointed to posts and Dr Lyndon Miles (Chair of Gwynedd and Conwy LHBS) has been appointed as Vice Chair.

We are about to venture into a new phase within health and social care which will bring its own challenges for organisations across all sectors. The third sector will continue to be pivotal in supporting the health and wellbeing of individuals within our communities as the sector has a very important role to play especially within the preventative agenda and early intervention. The timely and appropriate support that individuals receive from these services can prevent individuals and their carers from becoming ill or dependant on other health and social care services. If these services were taken away there would be enormous pressures on other services to pick up the pieces!

There is a general recognition from statutory organisations of the value and role of the third sector within health and social care - it is **imperative** therefore that **adequate resources** should be given to the third sector to provide these services. The proposed restructuring within health and social care in our communities should open new doors and opportunities to the sector to continue to deliver quality and value for money services that meet the needs of our local communities in Gwynedd.

Rural Health Planning - improving service delivery across Wales

This consultation document seeks your views on the suggested more creative ways in which primary and community services are provided in rural areas.

The work has identified three key themes:

- access to services
- the need and opportunities for closer service integration
- community cohesion and engagement.

The closing date for consultation responses is **Friday 21st August 2009**.

For a copy of this Document which is very relevant and important to a county such as Gwynedd please log on to Mantell Gwynedd's website www.mantellgwynedd.com/cym/manylionC.asp?ID=817 or contact Sioned at sioned@mantellgwynedd.com

Arts in Health & Wellbeing

The Arts in Health and Wellbeing Action Plan for Wales has been launched recently. The Plan is intended to increase understanding of the role of the arts in health and wellbeing, and support the development of arts and health initiatives through information and guidance. It describes action in five main areas:

- The Arts and Public Health and Wellbeing
- The Arts in Healthcare Settings
- Arts Therapies Professions
- Community Arts and Health and Wellbeing
- Art in Humanities and Healthcare

For a copy of this Plan please log on to www.celfcymru.org.uk

WWW: USEFUL WEBSITES:

www.healthyworkingwales.com - Healthy Working Wales has been developed to support employers, employees and health professionals to improve health at work, prevent ill health and to support return to work following ill health.

www.ccwales.org.uk - Care Council Wales.

www.healthcarealliance.co.uk - Training and Consultancy for the NHS, Social Care and the Voluntary Sector.

www.gwynedd.gov.uk/datblygugweithlu - list of training courses available through the Gwynedd Workforce Development Partnership in 2009/10.

For information on grants, volunteering, voluntary organisations, community groups, health, social care and well-being issues etc log on to www.mantellgwynedd.com



Possible Funding Opportunities/Grants:

'Go For It' Pilot Fund (Mantell Gwynedd)

Grants are available to promote physical activities in Gwynedd. For further details and an application pack, contact **Delyth Vaughan** on **01286 672 626** or delyth@mantellgwynedd.com

Galluogi Gwynedd Capital Fund 2008-2011 (Mantell Gwynedd)

The aim of this Fund is to develop new projects and ideas, build capacity, improve and renovate community buildings and facilities ensuring access for all which will lead to community regeneration. Grants of between £500 and £10,000 can be awarded to groups.

Closing Dates: September 30 2009; December 31 2009

For more information you can contact the Grants Officer on **01286 672 626** or delyth@mantellgwynedd.com

Awards for All Grant

The Awards for All Wales programme aims to help improve local communities and the lives of people most in need. If you are planning a project and you need between **£500** and **£5,000** then Awards for All may be able to help you. For more information and advice contact **0845 4 10 20 30** or Email

general.enquiries@awardsforall.org.uk or visit the website www.lotteryfunding.org.uk

The Yapp Charitable Trust

The Yapp Charitable Trust makes grants to small registered charities in England and Wales, whose annual expenditure is less than £60,000. Grants are for work with: elderly people; children and young people aged 5 to 25; people with disabilities or mental health problems including substance misuse etc. Grants are also made to support charities' work in education and learning, (including lifelong learning). For more information log on to:

www.yappcharitabletrust.org.uk

Trusthouse Charitable Foundation

This Foundation has a small and large grant programme. Priorities include healthcare and disability, community support and education and the arts. For more information log on to

www.trusthousecharitablefoundation.org.uk

Swine Flu

For the latest information and guidelines on Swine Flu log onto: <http://new.wales.gov.uk/topics/health>

Dignity in Care Charter

This charter, recently launched in Gwynedd, tackles four specific spheres:

- Showing respect
- Privacy
- Self respect
- Independence

To emphasis this message, Dignity Challenge cards have been published which will be distributed to care homes, care staff and the families of people receiving the service. The cards outline the charter and remind people of their rights. If you need a supply of these cards please contact Lowri Evans on **01286 679065** or LowriHafEvans@gwynedd.gov.uk

DATES FOR YOUR DIARY!

World Mental Health Day

October 10

World Federation for Mental Health
www.wfmh.org/wmhd

Children & Young People Week

November 16-20

for more information please contact

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